How to Think Critically

**Question and Assess**
Ask yourself: “Does this new information align with the fundamentals of what I already know?”

**Challenge Your Assumptions**
Ask yourself: “How do I know this is true? Who is teaching me this? Are there opposing views?”

**Make Connections**
Ask yourself: “Where else have I seen or heard about this? Why is this important to me?”

**Incorporate and Reframe**
Relate this new information within the context of your discipline, then try to think outside of it!

**Form Logical Conclusions and Communicate Them**
Gather all of your evidence to form logical conclusions, then try to explain this to someone. You may find that after talking to someone, it may be necessary to reconsider what you think you know.